STOP THE PRESSURE

Society of Tissue Viability

2026 Stop the Pressure Week - **Programme**

Date/Time	What and link	Description
2026 THEME - 'Every Move Matters' Every move – from repositioning and mobilisation, to early intervention and collaborative care – can help prevent pressure damage. This year's campaign recognises that pressure ulcer prevention isn't just about repositioning. It's about every action we take. **Because every move has the potential to improve care, protect dignity and prevent harm.**		
FREE ON-LINE EVENTS Tues 17 Nov 12.30 -3.30pm	**FREE Live Educational Session - Register NOW**	In partnership with SIA (Spinal Injuries Association) **"Clinical Focus on maintaining skin integrity in people with spinal cord injury"** Karen Biggs and Susanna Turnbull
Wed 18 Nov 9.15am- 12.30pm	**FREE Live Educational Session - Register NOW**	**"Fundamentals of pressure ulcer care"** Paul Hardy & Dr Clare Greenwood
Wed 18 Nov 6.30- 7.30pm	**FREE Live Webinar - Register NOW**	**"Hidden movement, hidden harm? Repositioning or positioning: What really protects the skin?"** Samantha Rooney, Sabrina Robinson and Kim Durbin
Thur 19 Nov 9.30am-4pm	**FREE Live Study Day - Register NOW**	**"Every move matters: Best practice in pressure ulcer prevention & management study day"** Sarah Gardner (Moderator), Jacqui Fletcher OBE, Professor Peter Worsley, Rachael Durrans, Joanna Swan, Ayesha Marshall and Heather Hodgson
Lots of information and assets are available on the SoTV website **Have a browse!** SCAN ME	**FREE Supporter Tool Kit to download**	• Email signature graphics • Logos • Pledge cards 'I or We pledge' • A4 posters - add your own logo • Social media avatars • Social media graphics for Facebook, LinkedIn, Instagram and X • A4 and A3 posters to print • Selfie frame artwork • Pull up banner stand artwork
	Other Resources	Take a look at our resources to support our #EveryMoveMatters campaign
	Quizzes and games	Crossword | Word search | Pressure ulcer quiz | Snakes and ladders
	Video Hub	A great selection of real stories, expert insights and practical demonstrations
	Blog Hub	Sharing insights, research, and frontline experiences that reflect the real, lived needs of individuals
	Handy links	A range of links and resources for you to signpost to
	Campaign partners	A selection of videos and other content from this year's industry partners

#StopThePressure | #4Nations | #EveryMoveMatters

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