

The *Regional Trauma Network*, in association with the *Clinical Education Centre*, are delighted to launch the first in a series of webinars focusing on psychological trauma.

for Nurses, Midwives and Allied Health
Professionals



Post Traumatic Stress Disorder

following Critical Illness & ICU Admission

Dr Hannah Murray, Research Clinical Psychologist

Wednesday, 4 November 2020 at 1.00pm

Rates of PTSD in patients who have been critically ill and admitted to intensive care units (ICU) are very high. Given the increase in ICU admissions due to COVID-19, this is likely to be a common presenting problem in the coming months.

Learning
Outcomes:

- Describe the features of post ICU PTSD
- Discuss cognitive models of PTSD
- Describe how to adapt key cognitive therapy techniques to treat PTSD in this population

Audience:

Health and Social Care Practitioners



Dr Hannah Murray is a Research Clinical Psychologist at the Oxford Centre for Anxiety Disorders and Trauma, University of Oxford. She is involved in the development and dissemination of CT for PTSD and teaches and writes regularly on this topic.

If you have any questions that you would like Hannah to address, please forward them to louise.mclaughlin2@hscni.net by 28 October 2020.

Register at www.cec.hscni.net or:

<https://www.eventbrite.co.uk/e/ptsd-following-critical-illness-and-icu-admission-tickets-124717985853>